



View of downtown Toronto from Hanlan's Point Marina



This is one of the ferries that we took into Toronto from Hanlan's Point where we stayed for 4 days.



Yummy food stands here in the St. Lawrence Market. We were told that we were 'true' Canadians after eating the wonderful Peameal Canadian bacon sandwiches.







Our sailing friend, Sandy Nicol, met us for eats at the St. Lawrence Market. We met her while on our Caribbean sailing trip in '98-'99.



Entrance to the Eaton Centre on Yonge Street in Toronto. It's in an area that is like Times Square in NYC.





The new addition to the Ontario Art Museum—spectacular!





Here's a Shoe Museum—those Canadians think of everything!



Our new GLCC friends, Bruce & Lila Davies, in Mississauga, ON



Here's Bruce  
with his talking  
cockatoo, Rio





Bruce & Lila take us to dinner at their Port Credit Yacht Club—lots of boats!





“Spirit of Canada” sailboat soon to be single handed in a around the world race.





New friends, Sandy & Kim, on their boat “Big Trouble” at Hanlan’s Point.



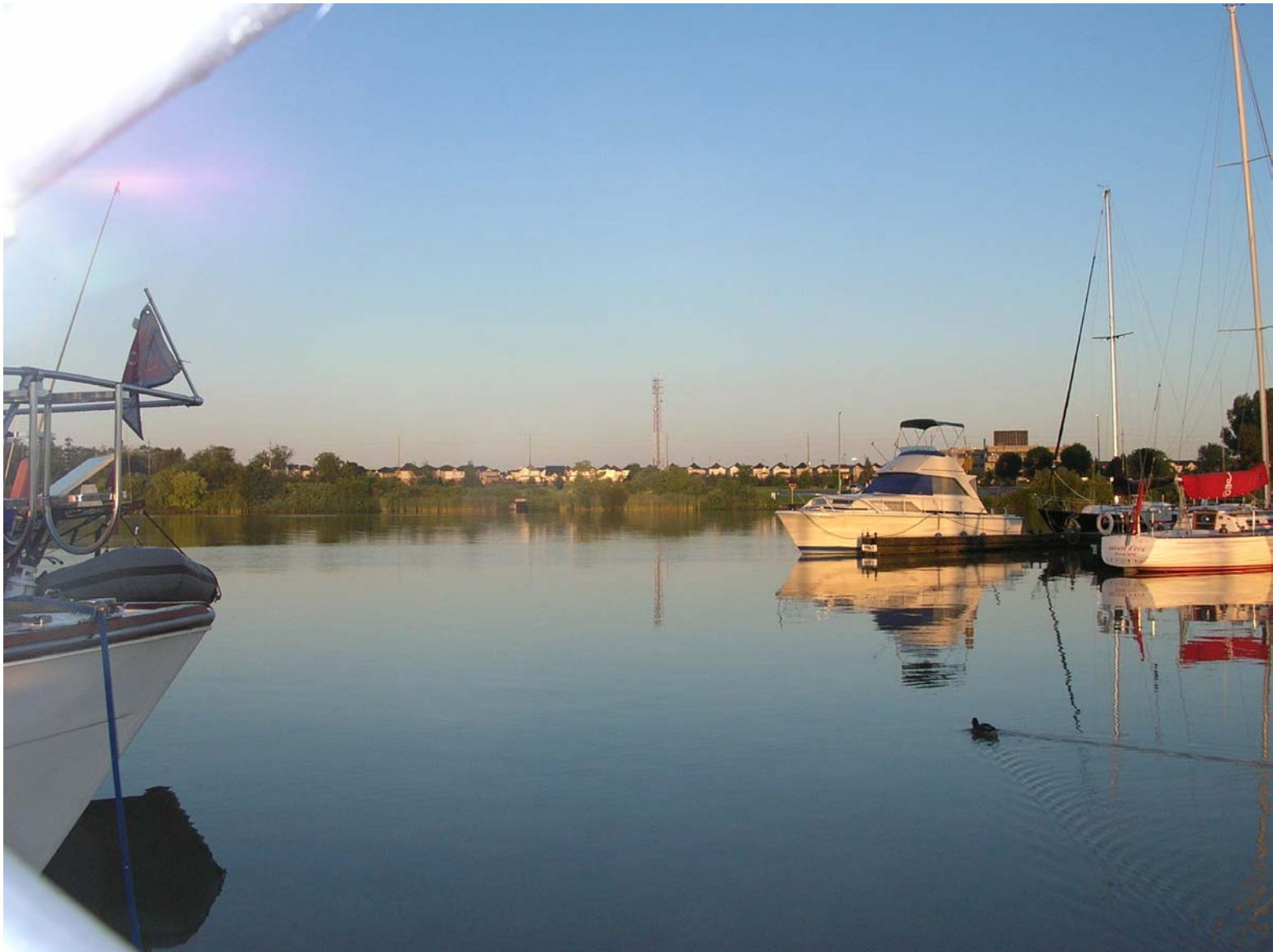


We leave wonderful Toronto and head for Whitby where Sandy & Kim live.



Leaving Toronto harbor we see “Jumbo Shipping” loading a train car!





Whitby harbor where we meet up again with Sandy & Kim.



Cobourg is our last Canada harbor in Lake Ontario before heading south to Rochester, NY.





Running Free docked at Cobourg Marina at sunset.



We get in on a huge birthday party celebrated at The Oasis in Cobourg. The owner of this restaurant is in the band.





Cobourg is a lovely little town with sculptured gardens & band concerts.



Lawn bowling was next to the park where the band played.





We leave Cobourg on August 14 for Rochester, NY.

We get both our sails up and have a rollicking ride down to Rochester—last sail of the season.







Skipper Carl enjoying the last sail of the summer on Running Free.



We have a very memorable sail to Rochester with good winds.





Entering Rochester harbor—goodbye Lake Ontario!



Towing little sailboats out for their lesson in front of Shumway Marine.